



MID ATLANTIC REGIONAL PITCHING & CATCHING WEEKEND

February 16-17, 2019 Softball Factory Headquarters Columbia, Maryland

Softball Factory's Regional Pitching & Catching Weekend gives players the opportunity to improve their defensive ability through numerous drills and bull pen sessions.

Become a force on the field!

Our softball experts will work with each player to help maximize her defensive potential and raise her game to a new level. Learn from experienced coaches who have played the game at the highest level.

All players will receive:

◆ **Top Notch Instruction:** Our team of coaches has included:

CJ Browder: The Director of Softball Factory attended the University of South Carolina Beaufort and led the team in numerous offensive categories. She received the Sun Conference Player of the Year Award and was named 1st Team All-Conference. She is also a former Division I Assistant Coach at Louisiana Tech University.

◆ **Personalized Training:** Our coaches will break down each player's defensive fundamentals by closely analyzing every aspect of her pitching/catching style, ability and technique. Players will receive personal recommendations to enhance future success.

◆ **Confidence:** Players will leave with a game plan tailored to their defensive approach that will give them confidence not only in practice but also every time they step on the field.

◆ **Training Tips:** Learn the techniques that can help you succeed and propel you towards college softball and beyond.



Work on developing your skills now to help you find greater success on the field during your spring season!

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Dates:	Saturday, February 16 – Sunday, February 17, 2019	
Location:	Training will take place at the Softball Factory headquarters which is located at 9212 Berger Rd. Suite 200 Columbia, MD 21046. The facility has three full cages and a video analysis room.	
Suggested Lodging Info:	Parents and players will be responsible for their own lodging.	
Closest Airport & Train Station:	Baltimore/Washington International Airport Baltimore/Washington Airport Train Station	
Itinerary*:	Saturday:	1:30 PM – 5:30 PM Player registration at Softball Factory Training Facility Review of defensive fundamentals, pitching/catching drills, small group instruction, light dinner provided for players.
	Sunday:	1:00 PM – 5:00 PM Pitching/Catching drills, bullpen work Light lunch for all players Review of instruction learned Player departure
Important Weekend Info:	<ul style="list-style-type: none">◆ Players and their parents/guardians are responsible for booking their own lodging (if necessary)◆ Players and their parents/guardians are responsible for their own transportation to and from the Softball Factory Training Facility◆ Players need to bring all necessary softball equipment for training◆ Players receive a detailed player info pack upon registration	

*Coaching staff and times subject to change. Check with your Player Development Coordinator for the most updated information.